



Honeypot works to enhance the lives of young carers and vulnerable children, aged 5 – 12 years old, and we are the only charity in the UK to provide respite breaks and on-going outreach support throughout a child's formative years. Honey Pot gives young carers a break from demanding and stressful responsibilities at home and provides a safe, nurturing environment where children at risk can develop their full potential.

The majority of children we support are young carers, who work incredibly hard to provide care and emotional support for a loved one. From as young as 5, young carers may be giving medication, completing chores, and assisting with personal care - taking on a surrogate parental role while still going to school. We also support vulnerable children, who may have witnessed domestic violence, experienced homelessness or live in extremely deprived areas.

Children come to Honey Pot House in the New Forest, Hampshire, or to Honey Pot Pen y Bryn, Mid-Wales, to take a break alongside their peers. Activities such as riding a bike, learning to swim, going on a trip to the beach are often experienced for the very first time. Most importantly, children have the chance to be children. They can play, make friends, and create memories to cherish for years to come.



T:020 7602 2631 W: www.honeypot.org.uk

Reg Charity No: 1011672





I think I am supposed to say why you need to give Honeypot some money. It's because when you are little, it's hard to understand things that other people don't know about until they are big. Honeypot makes it okay.

Connor, aged 13



Honeypot holiday has been an amazing time away from being a young carer for my daughter. Thank you.

Lisa, Honeypot Parent



I don't find any of the jobs I do to help my mum a chore, but it is nice to have a break.

Charlie, aged 11

If I hadn't been to Honeypot, I wouldn't be the person I am today.

It has been the best experience ever!

Rebecca, aged 13



I saw the sea for the first time when I went to Honeypot...

I never knew that it was so big! All my friends at school had already seen the sea, and now I can join in when they talk about it.

Wallis, aged 6

